

Sunshine International Learning Center

MENU



Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast		Breakfast	Breakfast	Breakfast	Breakfast
Cereal w/milk		Pancakes Milk	Waffles Milk	Sausage & Biscuits Milk	Cereal w/milk
Lunch A/B		Lunch A/B	Lunch A/B	Lunch A/B	Lunch A/B
A	Vegetable Soup Turkey Casserole Vegetables Fruits Juice	Pea Soup Meatballs w/potatoes Vegetables Fruits/Juice	Tomato Soup Chicken Nuggets Corn Fruits Juice	Rice Soup Pilau (rice w/meat) Vegetables Fruits Juice	Borsch Fish sticks w/vegetables Fruits Juice
B	Rassolnik Soup Meatloaf/Vegetables Fruit Cocktail Juice	Noodle Soup Beef Stew Peas w/carrots Fruits/Juice	Borsch Chicken Nuggets Corn/Fruits Juice	Soup Pasta & Meatballs Vegetables/Fruits Juice	Tomato Soup Turkey Casserole Vegetables/Fruits Juice
Snack		Snack	Snack	Snack	Snack
Cheez-it Crackers/Oatmeal Bananas/Juice		Cinnamon Toast/Oatmeal Milk	Gold Fish/Oatmeal Bananas/Juice	Animal Cookies/Oatmeal Juice	Bread Rolls Apples/Milk